## **KID ZONE NUTRITION PROGRAM**





## FOOD DEMONSTRATION SUPPLY ORDER FORM

KID ZONE SITE:	REQUESTED BY:	
# of children participating:	Today's date:	Date of Demonstration:
NAME OF RECIPE:		
Food Demo Guidelines:		
-Must have nutrition objective (see below)		- Must be cost effective (can't serve lobster)
-Must be less than 10 ingredients (spices don't count as an ingredient)		- Should be less 30 minutes to prep and cook
-Must have <35% Calories from F	Fat, <10% Calories from Saturated Fat (cl	neese/butter/margarine cannot be main ingredient)
	ns (about 3 bites, can't feed kids meals)	
-Turn in Friday packet, will have	food 6-7 business days after turned in (pl	lan accordingly)
NUTRITION OBJECTIVE: (What relev	rant nutrition information will the children learn from	om this activity? Please be specific.)
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QUANTITY	İTEM	DESCRIPTION
For questions, contact:		
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